



Date: 7/4/2017

Report on 'Women's Day Celebration' under TCET-WDC

The Women's Day was organized on Friday, 10th March 2015 from 2.30 to 4:30 under Women development Cell forum in Seminar Hall-I.

Total no. of participants: 90

In this programme, the following events were organized:

1. Talk by Mr. Ankit Ponda on "Acupressure and Health"

In his talk Mr. Ponda explained benefits of Acupressure. He conducted a short demonstration and also conducted a meditation session.

2. Free Medical Checkup & Consultation by Acupuncture and Acupressure Therapist:

More than 50 faculty & staff members took part in this and their health concerns were addressed. They received guidance with respect to their health issues and day to day routine.

3. Games & Music:

The faculty members were engaged in the following games:

- i.) Describe Qualities of Husband
- ii.) Guess the Morphed Images
- iii.) Treasure Hunt

After the games session, all participated in dance, followed by refreshments.

The Program concluded with a vote of thanks proposed by TCET-WDC Chairperson, Ms. Poorva Waingankar.



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